

Bedroom

Edit (Declutter) Clothes



Page One

Task

Completed

Group Like Items Together

Pull everything out of closets and drawers.



It may be easier to tackle one category at a time.



Gather all clothing and shoes from around the house (by category if that's easier).

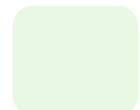


Sort and group like items together into categories.

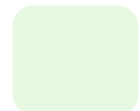


Edit Items in a Category

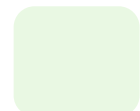
Remove clothing categories you no longer wear.



Remove items that are torn or stained and can't or realistically won't be repaired.



Remove items you no longer like.



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Page Two

Task

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Edit Items in a Category

Try on every single item.

Does the item fit you well?

Does the style represent you and the image you want to project?

Does the style fit your current lifestyle?

Is the item comfortable?

Do you love this item? Does it make you feel great?

How many of this item do you really need?

You deserve clothes that make you feel wonderful

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Common Sorting Categories



Page Three

Business

Suits
Blazers
Slacks
Ties

Pants

Slack
Jeans
Work
Shorts

Tops

Long-sleeve
Short-sleeve
Work

Dresses

Long-sleeve
Short-sleeve
Work
Formal
Short Skirts
Long Skirts

Shoes

Work
Casual
Boots
Athletic
Outerwear

Sweaters

Cardigan
Pullover
Short-sleeve
Turtleneck

Underwear

Panties
Bras
Support
Socks
Tights
Camisoles

Athletic

Tops
Pants
Outerwear
Bras
Swimwear
Sportswear

Accessories

Belts
Scarves
Hats
Jewelry

Outerwear

Jackets
Coats
Hats, Gloves,
Scarves