

# 30-DAY Spring Home Declutter Challenge

**Organized 31** 



### OUT WITH THE OLD, IN WITH THE NEW.

Spring signifies a time of renewal, refreshing, and new life.

Are you ready to experience renewal and abundance in your home?

This 30-day spring home declutter challenge will help you get rid of the *old* so you have room for the *new*.

Use this is a guide to help you declutter your entire house from top to bottom, in 30 days.

Ready, set, let's **GO**!



#### PREPARATION

Gather bags & boxes for sorting. Choose area to collect donations. Set decluttering priorities.

DAY 2

DAY

#### **BASEMENT PART 1** Sort through basement contents. Dispose of what is old, broken, & no longer used.

DAY 6

#### **FRIDGE & FREEZER**

Go through fridge and freezer. Get rid of expired goods.



DAY

8

#### **PANTRY & JUNK DRAWER**

Dispose of expired food items. Sort through junk drawer. Remove the broken and unused.



#### **BASEMENT PART 2**

Sort through basement contents. Remove what is old. broken, & no longer used.



#### ENTRYWAY CLOSET Sort through all outerwear and shoes. Remove items for disposal or donation.





Clear all clutter from your kitchen table. Go through cupboards and sort through contents.



10

#### DAY 9

#### LIVING ROOM & ENTERTAINMENT AREA

Sort through and get remove old and unused games, electronics, furniture, & decor.

#### LAUNDRY ROOM

Clean & sanitize appliances. Dispose of old laundry products and accessories.

#### **FHROOMS & MEDICINE** CABINET

Sort through toiletries & products. Remove expired and unused items, particularly. medications.





**LINEN & CLEANING CLOSET** Remove stained, torn and unused linens and old cleaning products, and tools.



**BEDROOM CLOSETS PART 1** Go through bedroom closet and sort through what will be kept, donated, and thrown out.



#### PLAYROOM

Remove broken toys. Look for gently loved and aged-out toys to donate.



#### **HOME OFFICE & LIBRARY**

Clean out any drawers and sort through books. Dispose of what you no longer need.



**BEDROOM CLOSETS PART 2** Go through bedroom closet and sort through what will be kept, donated, and thrown out.



DAY

15

**BEDROOM CLOSETS PART 3** Go through bedroom closet and sort through what will be kept, donated, and thrown out.



Sort through dressers, vanities, and drawers. Determine items to keep, trash, and donate.



19

DAY

18

#### MAIL & PAPERWORK

Sort through receipts, unopened mail, and papers. Scan or file what's to be kept & shred the rest.

#### **STORAGE ROOM PART 1**

Sort through storage room and dispose of items. Ruthlessly choose the items to keep.

#### **STORAGE ROOM PART 2**

Sort through storage room and dispose of items. Ruthlessly choose the items to keep.

```
DAY
20
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#### **ADDITIONAL ROOMS**

Go through additional rooms in your home. Remove trash, put aside items for donation.



#### **DISPOSE OF TRASH**

Gather items to be thrown away. Research proper disposal of hazardous items.

DAY 22

DAY

21

#### ADDITIONAL CLOSETS

Go through any additional closets and sort through the contents.



DAY

28

#### DONATE GENTLY USED ITEMS

Begin to setup pickups and dropoffs for gently loved items that you are donating.

# DAY 23

#### GARAGE

Sort through garage contents. Dispose of what is old, broken, & no longer used.

#### DAY 24

#### CARS

Empty all compartments, clean interior and exterior well. Add organizing tools to keep neat.



**REORGANIZE PART 1** Go through your home and

reorganize where needed. Do not purchase products without measuring first & a plan.

#### **REORGANIZE PART 2**

**REST & ENJOY YOUR** 

**DECLUTTERED HOME!** 

Complete your home organization. Focus on easy-tomaintain systems that will work for your unique requirements.



#### BACKYARD & SHED

Remove damaged tools, furniture, decor and supplies. Select items for donation. 30

## **DECLUTTER** QUESTIONS

#### YES NO

QUESTIONS TO ASK

(A NO answer to any question means the item should be <u>removed.)</u>

**IS IT IN GOOD CONDITION?** Stained, torn, damaged or expired items should go.

DO I LIKE IT?

Whether your tastes have changed or you just don't like it, let it go. **DO I HAVE ROOM FOR IT?** 

The size of your home is a concrete limit on how much you can keep.

**HAVE I USED IT IN THE PAST YEAR?** If you haven't, you probably no longer need it.

**DOES IT FIT MY CURENT LIFESTYLE?** Your life and needs change. The items you need to keep will change.

**AM I KEEPING IT BECAUSE / WANT IT?** Life is too short & space too limited to keep things out of guilt.

**WOULD IT COST MORE THAN \$20 OR 20 MINUTES TO REPLACE?** Don't keep it *just in case* if you can replace it for \$20 in 20 mins or less.

**DO I HAVE JUST ONE OF THESE? DO I NEED THIS MANY?** How many duplicates of this item do you *really* need?

**AM I HONORING THIS ITEM IN THE WAY I KEEP IT AND USE IT?** You're not honoring a treasured item if it's hidden away or never used. **CAN I REPURPOSE THIS ITEM AND USE IT OR DISPLAY IT?** 

Look for a new or different way to put the item to use.

 IS THIS IT

 Make items

 DO I USE I

**IS THIS ITEM EARNING ITS PLACE IN MY HOME & LIFE?** Make items earn their place in your space in usefulness or bringing joy. **DO I USE IT OR LOVE AS MUCH AS SOMEONE ELSE WILL?** Is there someone else who will love & use this item more than you do?



ITEM TYPE	KEEP	DONATE	TRASH

## DONATION TRACKER

ITEM	CONDITION	VALUE	NOTES

# MORE RESOURCES



Tips and a free printable checklist to declutter your bedroom. (here)

#### **DECLUTTER CRAFTS**

A free printable checklist and tips specific for decluttering crafts. (here)

#### **HOW MANY CLOTHES?**

Use this free printable checklist to decide how many clothes you really need for your unique requirements. (here)

#### SIMPLE DECLUTTERING

**YOU'VE GOT THIS!** 

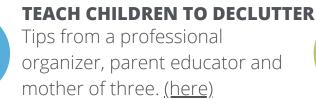
This 21-page printable checklist is designed by a professional organizer to help you declutter everything (here)



Organized31.com







DECLUTTING SCAVENTER HUNT

**30-DAY DECLUTTER CHALLENGE** 

More decluttering tasks

hunt game format. (here)

presented in a fun scavenger

Sign up to receive daily emails

with decluttering tasks and

encouragement. (here)



**DECLUTTER MESSY GARAGE** A free printable checklist and 10 tips designed specifically for your garage. (here)