



30-DAY

SPRING HOME DECLUTTER CHALLENGE

Organized 31



OUT WITH THE OLD, IN WITH THE NEW.

Spring signifies a time of renewal, refreshing, and new life.

Are you ready to experience renewal and abundance in your home?

This 30-day spring home declutter challenge will help you get rid of the *old* so you have room for the *new*.

Use this is a guide to help you declutter your entire house from top to bottom, in 30 days.

Ready, set, let's **GO!**



CHALLENGE

DAYS 1 - 10

DAY
1

PREPARATION

Gather bags & boxes for sorting. Choose area to collect donations. Set decluttering priorities.

DAY
2

BASEMENT PART 1

Sort through basement contents. Dispose of what is old, broken, & no longer used.

DAY
3

BASEMENT PART 2

Sort through basement contents. Remove what is old, broken, & no longer used.

DAY
4

ENTRYWAY CLOSET

Sort through all outerwear and shoes. Remove items for disposal or donation.

DAY
5

KITCHEN TABLE & CUPBOARDS

Clear all clutter from your kitchen table. Go through cupboards and sort through contents.

DAY
6

FRIDGE & FREEZER

Go through fridge and freezer. Get rid of expired goods.

DAY
7

PANTRY & JUNK DRAWER

Dispose of expired food items. Sort through junk drawer. Remove the broken and unused.

DAY
8

LIVING ROOM & ENTERTAINMENT AREA

Sort through and get remove old and unused games, electronics, furniture, & decor.

DAY
9

LAUNDRY ROOM

Clean & sanitize appliances. Dispose of old laundry products and accessories.

DAY
10

BATHROOMS & MEDICINE CABINET

Sort through toiletries & products. Remove expired and unused items, particularly, medications.



CHALLENGE

DAYS 11 - 20

DAY
11

LINEN & CLEANING CLOSET

Remove stained, torn and unused linens and old cleaning products, and tools.

DAY
16

PLAYROOM

Remove broken toys. Look for gently loved and aged-out toys to donate.

DAY
12

BEDROOM CLOSETS PART 1

Go through bedroom closet and sort through what will be kept, donated, and thrown out.

DAY
17

HOME OFFICE & LIBRARY

Clean out any drawers and sort through books. Dispose of what you no longer need.

DAY
13

BEDROOM CLOSETS PART 2

Go through bedroom closet and sort through what will be kept, donated, and thrown out.

DAY
18

MAIL & PAPERWORK

Sort through receipts, unopened mail, and papers. Scan or file what's to be kept & shred the rest.

DAY
14

BEDROOM CLOSETS PART 3

Go through bedroom closet and sort through what will be kept, donated, and thrown out.

DAY
19

STORAGE ROOM PART 1

Sort through storage room and dispose of items. Ruthlessly choose the items to keep.

DAY
15

BEDROOM DRESSERS, DRAWERS & VANITIES

Sort through dressers, vanities, and drawers. Determine items to keep, trash, and donate.

DAY
20

STORAGE ROOM PART 2

Sort through storage room and dispose of items. Ruthlessly choose the items to keep.



CHALLENGE

DAYS 21 - 30

DAY
21

ADDITIONAL ROOMS

Go through additional rooms in your home. Remove trash, put aside items for donation.

DAY
22

ADDITIONAL CLOSETS

Go through any additional closets and sort through the contents.

DAY
23

GARAGE

Sort through garage contents. Dispose of what is old, broken, & no longer used.

DAY
24

CARS

Empty all compartments, clean interior and exterior well. Add organizing tools to keep neat.

DAY
25

BACKYARD & SHED

Remove damaged tools, furniture, decor and supplies. Select items for donation.

DAY
26

DISPOSE OF TRASH

Gather items to be thrown away. Research proper disposal of hazardous items.

DAY
27

DONATE GENTLY USED ITEMS

Begin to setup pickups and dropoffs for gently loved items that you are donating.

DAY
28

REORGANIZE PART 1

Go through your home and reorganize where needed. Do not purchase products without measuring first & a plan.

DAY
29

REORGANIZE PART 2

Complete your home organization. Focus on easy-to-maintain systems that will work for your unique requirements.

DAY
30

REST & ENJOY YOUR DECLUTTERED HOME!



YES

NO

QUESTIONS TO ASK

(A NO answer to any question means the item should be removed.)

☐☐

IS IT IN GOOD CONDITION?

Stained, torn, damaged or expired items should go.

☐☐

DO I LIKE IT?

Whether your tastes have changed or you just don't like it, let it go.

☐☐

DO I HAVE ROOM FOR IT?

The size of your home is a concrete limit on how much you can keep.

☐☐

HAVE I USED IT IN THE PAST YEAR?

If you haven't, you probably no longer need it.

☐☐

DOES IT FIT MY CURENT LIFESTYLE?

Your life and needs change. The items you need to keep will change.

☐☐

AM I KEEPING IT BECAUSE I WANT IT?

Life is too short & space too limited to keep things out of guilt.

☐☐

WOULD IT COST MORE THAN \$20 OR 20 MINUTES TO REPLACE?

Don't keep it *just in case* if you can replace it for \$20 in 20 mins or less.

☐☐

DO I HAVE JUST ONE OF THESE? DO I NEED THIS MANY?

How many duplicates of this item do you *really* need?

☐☐

AM I HONORING THIS ITEM IN THE WAY I KEEP IT AND USE IT?

You're not honoring a treasured item if it's hidden away or never used.

☐☐

CAN I REPURPOSE THIS ITEM AND USE IT OR DISPLAY IT?

Look for a new or different way to put the item to use.

☐☐

IS THIS ITEM EARNING ITS PLACE IN MY HOME & LIFE?

Make items earn their place in your space in usefulness or bringing joy.

☐☐

DO I USE IT OR LOVE AS MUCH AS SOMEONE ELSE WILL?

Is there someone else who will love & use this item more than you do?



DECLUTTERING TRACKER

ITEM TYPE	KEEP	DONATE	TRASH
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



DONATION

TRACKER

ITEM	CONDITION	VALUE	NOTES



MORE RESOURCES



DECLUTTERING SCAVENTER HUNT

More decluttering tasks presented in a fun scavenger hunt game format. ([here](#)).



DECLUTTER THE BEDROOM

Tips and a free printable checklist to declutter your bedroom. ([here](#)).



30-DAY DECLUTTER CHALLENGE

Sign up to receive daily emails with decluttering tasks and encouragement. ([here](#)).



DECLUTTER CRAFTS

A free printable checklist and tips specific for decluttering crafts. ([here](#)).



TEACH CHILDREN TO DECLUTTER

Tips from a professional organizer, parent educator and mother of three. ([here](#)).



HOW MANY CLOTHES?

Use this free printable checklist to decide how many clothes you really need for your unique requirements. ([here](#)).



DECLUTTER MESSY GARAGE

A free printable checklist and 10 tips designed specifically for your garage. ([here](#)).



SIMPLE DECLUTTERING

This 21-page printable checklist is designed by a professional organizer to help you declutter everything. ([here](#)).



DECLUTTER YOUR OFFICE

Ten tips perfect to help you declutter your office and paperwork. ([here](#)).



YOU'VE GOT THIS!