Morning Routine

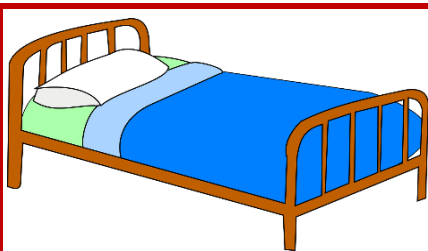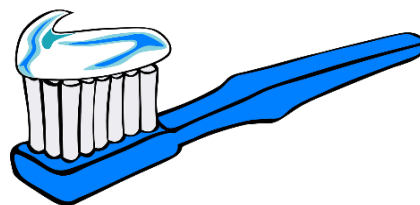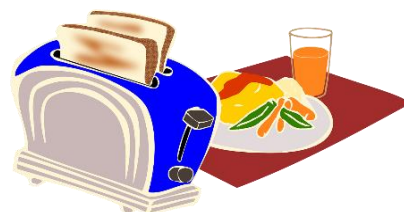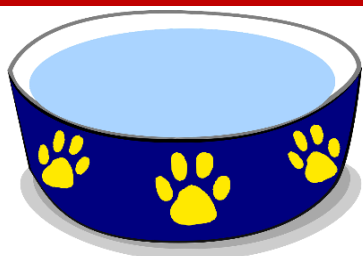# Morning Routine