

\bigcirc	Sturdy, reusable bags or backpacks that are easy to carry
0	Non-perishable food items (granola bars, canned goods with pull- tops, nuts, dried fruit, trail mix, cheese cracker packs, etc.)
\bigcirc	Bottled water or juice boxes
\bigcirc	Instant coffee, tea packets or flavored water additives
\bigcirc	Toothpaste, toothbrushes, soap, shampoo, conditioner
\bigcirc	Wet wipes or hand sanitizer
\bigcirc	Deodorant
\bigcirc	Feminine hygiene products or travel pack of tissues
\bigcirc	Disposable razors
\bigcirc	Socks
\bigcirc	Ponchos or raincoats
\bigcirc	Gift cards to local fast food restaurants or convienence stores
\bigcirc	Handwritten notes of encouragement or inspirational messages
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In a world where you can be anything, be kind.